



February 2019 Kanata Diners Club

The Western Ottawa Community Resource Centre and community volunteers host a nutritional lunch, entertainment, and/or educational program for seniors and adults with physical disabilities living in our community – a great way to socialize, learn and have some fun at the same time! Catered by **Timesaver Foods**. Cookies supplied by **Chartwell Kanata**.

Wednesdays from 11 a.m. to 1 p.m.

Kanata Seniors' Centre

Mlacak Centre Halls C and D
2500 Campeau Dr., Kanata

Please register **at least 7 days in advance** with
Brad Hammond at **613-591-3686 ext. 316**.

Transportation can be arranged upon request.

Club cost: \$10.00

February 6

Register by January 30

February 13

Register by February 6

February 20

Register by February 13

February 27

Register by February 20

**Music with
Dai Basset**

**Music with
Ginnette Hamilton**

**Music with
Grateful We're Not Dead**

**Information with
Ottawa Paramedics**

Ce programme est offert en anglais seulement. Si vous souhaitez recevoir des services en français, veuillez communiquer avec le Centre de services Guigues au 613-241-1266.