

Chrysalis House

Spring 2017 Wish List

It is through the generous donations of the community that we are able to provide necessary comfort items for women and children, as well as supplies for therapeutic and recreational programming.

Please see list for ideas, but you are also welcome to call 613-591-5991 ext. 229 to discuss your ideas with a worker.

New Items for the "House"

- Digital Camera
- Polaroid Camera
- Universal Remotes

New items

- Hair Brushes
- Journals
- Umbrellas
- Travel-Size Alarm Clocks
- Hair Straighteners
- Hair Dryers
- Travel Coffee Mugs
- Water Bottles
- Movies
- Ear Phones
- Women's Pyjamas
- Reading Glasses
- 2017 Calendars

Arts and Crafts

- Adult Colouring Books
- Sketch Pads
- Pencil Crayons
- Pencil Sharpeners
- Craft Supplies
- Stationary

Gift Certificates

- Dollarama
- Wal-Mart
- Loblaws
- Chapters
- IKEA
- Coffee Shops
- Michaels
- Gas Cards
- Netflix

Small household items to be given to women as they transition back to the community

- Pots and Pans
- Dishes and Cutlery
- Microwave Ovens
- Toasters
- Kettles
- Coffee Makers
- Bed Sheets

Passes and gift cards for activities

Fun Haven, Kids Kingdom, Altitude Gym, Saunders Farm, Landmark Cinemas, wave pool

Chrysalis House is raising funds to purchase specific items and to make improvements to its grounds

\$2,000 for an upright freezer.

*We also gratefully accept monetary donations which go towards supporting ongoing program needs.
To learn how you can help, please visit: wocrc.ca.*